



**National and Kapodistrian  
University of Athens**

Faculty of Pharmacy  
Department of Pharmacognosy & Natural Products Chemistry  
Panepistimiopolis Zografou  
15771, Athens  
Tel: +30 210 72 74052  
[magiatis@pharm.uoa.gr](mailto:magiatis@pharm.uoa.gr)



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**CERTIFICATE OF ANALYSIS**

**Analysis Date:** 28/11/2019

**Owner:** VISKOVITS MARIA

**Variety:** CHALKIDIKIS  
**Origin:** CHALKIDIKI GREECE

**Harvest Period:** October 2019

**Chemical Analysis**

Oleocanthal	321 mg/Kg
Oleacein	148 mg/Kg
Oleocanthal + Oleacein (index D1)	469 mg/Kg
Ligstroside aglycon (monoaldehyde form)	55 mg/Kg
Oleuropein aglycon (monoaldehyde form)	58 mg/Kg
Ligstroside aglycon (dialdehyde form)	172 mg/Kg
Oleuropein aglycon (dialdehyde form)	78 mg/Kg
Total tyrosol derivatives	549 mg/Kg
Total hydroxytyrosol derivatives	283 mg/Kg
Total polyphenols analyzed	832 mg/Kg

**Comments :**

The levels of oleocanthal and oleacein are higher than the average values ( 135 and 105 mg/Kg respectively) of the sample included in the international study performed at the University of California, Davis.

The daily consumption of 20 g of the analyzed olive oil provides 16.6 mg of hydroxytyrosol, tyrosol or their derivatives. Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed according to the method published in J.Agric. Food Chem., 2012, 60 ( 47) , pp 11696-11703, J.Agric. Food Chem., 2014 62 ( 3) , 600-607 and OLIVAE, 2015, 122, 22-33.

\*Oleomissional+Oleuropeindial \*\*Ligstrodial+Oleokoronal

Magiatis Prokopios  
**PROKOPIOS MAGIATIS**  
ASSOCIATE PROFESSOR  
UNIVERSITY OF ATHENS  
FACULTY OF PHARMACY  
DEPARTMENT OF PHARMACOGNOSY  
AND NATURAL PRODUCTS CHEMISTRY